

MSC meeting  
Thursday 29<sup>th</sup> November 2018  
MID ESSEX MEETING MINUTES  
10:00 - 11:30

In attendance

Edith Borthwick  
Lyons hall - From 11  
Notley Green  
John Bunyan  
John Ray  
Wethersfield primary  
Richard de clare  
St Michaels  
St Francis  
St Josephs  
St Pius X catholic  
Thriftwood  
Active Essex  
ECC

Minutes

Another fantastic turn out of schools in what was another great meeting. Again, we started by introducing ourselves, some really brave children within the room in such a big crowd! Our first point on the agenda was to discuss the idea of a multi-schools council song. We asked the children to think of what should be included, taking our ethos into account and their ideas included;

- All being a team no matter the school you go to
- Being who you want to be
- Include all different styles of music within the song to appeal to all types of people
- We can all live as one
- Be brave and be strong
- Be good listeners
- Don't let the world steal your smile, let your smile steal the world

The idea being that all the points discussed will be passed onto our leading music ambassador to see what we could get recorded by the end

of the school year. I then gave schools information about our art project that was decided on during the last academic year as a great way to challenge perceptions and information will follow along with these minutes.

Before our break we had a chance to discuss the MSC walk that will be happening between the 1<sup>st</sup> and 5<sup>th</sup> July to every special school across Essex! I asked the children to come up with ways in which we could raise awareness and sponsorship for our walk and their ideas included;

- Get information on buses
- Finding out what local school could join or watch part of the walk
- Schools to raise their own sponsorship in schools, raffles, cake sales, non-uniform day's to name a few ideas
- Get onto radio
- Go into schools and talk about it
- Get schools to put it on their websites
- Put leaflets through doors
- Wear t-shirts
- Live stream the walk so everyone can be involved!

We had such a list of amazing ideas which will really contribute to the planning process over the next couple of months and we hope to keep schools actively involved. We then had a break and it was so good to see children from other schools interacting which then encouraged them to swap places after the break.

Following the break I spoke about our mental health poster competition. Each child at the meeting has been invited to enter and bring their competition entry along to the next meeting! I then spoke about the idea of having a big, Essex wide event in the future which would replicate some of the events in the past. Ideas included an inclusive disco, something involving animals, visits to special schools to see what they are like, a movie event where schools come together and share movies about what their schools are like, a play where every school would have a scene and then put it together, a building competition or a quiz. The ideas will be taken forward along with those from across Essex and we will then look to see what can be achieved!

We then had time to discuss the special school games 2019. The children watched a short video of a previous games and hoped that the children could come up with new ways to improve our games further. Ideas

included Swimming, music playing throughout the event, give a reward in each event for someone who has just 'tried their best', have a famous athlete come along, a trophy for overall winning school, hurdle race, a triathlon or different types of races. We will be meeting with Active Essex in December to finalise plans.

We ran out of time to discuss website improvements but we did watch an autism awareness video which we asked the children to go back and discuss. Some real stars within the meeting but the star of this particular meeting was Nicholas from Notley Green for his enthusiasm throughout the whole meeting!

Next meeting: Thursday 17<sup>th</sup> January, Venue TBC