

MSC meeting  
Thursday 6<sup>th</sup> June 2019  
WEST ESSEX MEETING MINUTES  
10:00 - 11:30

In attendance

The Endeavour  
Wells Park  
Brightside Primary - Host  
Active Essex  
Cooks spinney Academy - Sent notes  
Cooper (The dog!)

Minutes

For the first time ever a multi-schools meeting had a therapy dog as part of the team. It was great to see the interactions between children and Cooper, even helping some young people to overcome their fears! With Cooks spinney being really keen to come along but not actually being up to get to Brightside they sent us their notes which will be included within these minutes. I gave the children a quick update from our previous meeting and everyone was excited about our plans for next year especially the mental health programme.

Our first agenda point was on the 100-day challenge all about raising pupil's voices and looking towards future employment. The group came up with several ideas on what would help them develop their confidence to speak up and this included a slow build-up of speaking in front of bigger groups, more assemblies, peer mentors, having friends to support, mini-competitions, speaking with visitors and more advice on everything that goes with getting a job.

Following this we spoke about what awareness and understanding our young people would like to learn about. Ideas included OCD, sign language, bell's palsy, supporting SEND children who get bullied and autism. Ideas will be combined with other children's views across Essex to see what we can start to develop from September to partner our Autism and mental health programmes. Before break we still had time to discuss what we might like a MSC mascot to look like and ideas included;

- A flower/Tree
- Panda

- Half dog half cat
- Penguin
- Spider
- Something sensory
- Tiger
- An Elephant
- Two hands shaking

The ideas will be developed hopefully with a supporting company.

During the break it was time for the children to spend some more time with Cooper before he left us but also mix with each other. We then moved straight on to thinking about a mission statement and we had some fantastic ideas that included;

- Removing barriers, uniting differences, creating equality
- You can do it
- Multi-schools are called to help
- Celebrating difference
- We can, so you can
- Be a better you
- Celebrate being you

Our ambassadors will look at these in July with a new mission statement in place for September

The children then voted on a key topic they would like the MSC to focus on over the next 2 academic year's as part of their work and the results will be revealed soon. Our final part of the meeting was to see if the children had any more ideas on raising the profile of the MSC walk. Ideas included having posters, an aeroplane banner, getting back on the radio and making some big signs so people can see our support. All ideas will be worked on immediately. Star of the meeting was Jake from Wells park for some fantastic ideas in each section of the meeting and supporting his friends.

Next meeting - Wednesday 16<sup>th</sup> October 2019 - Venue TBC