**Minutes**

**Braintree – Multi-schools meeting**

**Tuesday 8th October 2019**

**In attendance – 40 children**

EdithBorthwick – Hosts

John Ray

John Bunyan

St Francis

Great Bradford’s

Active Essex

**Minutes**

Like our North section our MID strand has now been split into two sections and this was our first meeting in Braintree. Everyone arrived on time, so we made a prompt start. I asked the children to think about barriers to sport, what might stop them or their friends playing. Ideas included; being worried about injury, family not wanting you to get involved, gender, lack of fitness, lack of confidence or different disabilities. Holly from Active Essex was in attendance and made a note of these thoughts.

Following this point, we discussed keeping healthy. I asked the children to think about things they would like to learn about health in schools and generated a list;

* What happens when you go for a blood test?
* How our bodies work
* Different illnesses
* First aid
* What sort of exercise we should be doing?
* Brain health and how to keep a healthy mind
* How much sleep we should be getting?

Some fantastic ideas which will help influence our future conversations and ideas with the NHS. Next, we moved on to discussing how to raise funds for the multi-schools which is important for sustainability. Ideas included, sales of different kinds, tea parties, special uniform days, selling food and drinks and looking at what other big charities might do. It was then time for a drink and biscuit!

After break I gave a brief update on our progress since the last meeting and how we have responded to ideas. We the discussed what schools and clubs could do to improve participation in sport. Ideas included more tennis, trampolines, every school to have a MUGA pitch, more wheelchair-based sports, more opportunities linked to the Paralympics, skating and more accessible sports for all. This then lead us on to discussing how more parents could be included within our work and a range of ideas such as;

* Getting schools to provide updates via email and phone
* Involving parent groups in the meetings
* Creating posters
* Arranging speeches and involving children to deliver these
* Having a specific theme and getting parents who are interested to come along and listen about it

Were all discussed. We will be meeting with parent groups to see what we can come up with.

Finally, we discussed how to include more schools in our Braintree strand. The children would like big fundraisers which schools could be invited along to, children telling their friends, offer presentations, headteacher meetings and promoting our YouTube channel further. As always, a range of fantastic ideas on each point and we will look action as much as we can! The star of the meeting for a range of super ideas throughout was Katlin from Edith Borthwick who also wore a big smile throughout!

Next meeting – **Thursday 23rd January 10 – 11:30am, venue TBC**

**Follow up points;**

* **Are there any headteacher meetings you could get us involved in?**
* **Could you invite your parent council to the next meeting?**
* **Could you host a special non-uniform day to raise funds for the multi-school’s council?**
* **Poster competition – To design a poster all about the multi-school meetings. To be handed in at the next meeting. Winner to be professionally produced.**
* **Can any of the health ideas contribute to your PSHE curriculum.**
* **Head boy/girl nominations. More information to follow.**