**Minutes**

**South – Multi-schools meeting**

**Tuesday 15th October 2019**

**In attendance – 27 children**

Orminston Park – Host

Castledon

Ramsden Hall

Northlands

Apologies – Glenwood, Pioneer, Bardfield academy, Merrylands, Lee Chapel, William De feeres, Crays Hill, Wickford primary, Beauchamps school, Active Essex

**Minutes**

A warm welcome to a couple of schools who had never been part of a multi-schools meeting before and made this one of our biggest South meetings to date. As there were so many new faces, we skipped feedback from the last meeting and discussed what barriers children might face to getting involved in sport. The children said bullying, injury, fear of mistakes or not being good, mental health difficulties, transport, the price or gender assumptions. – **To discuss with Active Essex, gender being picked up across Essex.** The comments will be passed on to Active Essex along with other sporting groups.

We discussed health next and what the children would like to learn more about following the start of a diabetes programme being developed following comments in our last round of meetings. The children felt they would like to learn more about;

* Allergies
* How to support friends with illness
* The different areas of mental health and illness
* Different learning difficulties and disabilities
* Healthy weight
* First aid training
* How to seek help for mental health support independently
* CPR
* **To discuss with NHS around allergies. First aid training opportunities in the SOUTH?**

A long list that will be discussed with our health links and contacts. Before the snacks it was time to discuss what, charity events could be hosted to generate funds for the multi-schools. Ideas included football matches, non-school uniform days, drama clubs to generate money, TV adverts, a bake off, make events specific to an area, snack shop or a mud run. We will be looking at what can be achieved this academic year. The group then had a break. – **Bake off idea to be discussed.**

After our break I gave the children some information on what was happening right now with the multi-schools. Afterwards, we discussed how to involve more children in school sort and club sport. The children thought of ideas such as softer ball games, freestyle clubs that offer a range of sports, wheelchair sports, more water sport opportunities, horse riding, more incentives to play sport and more alternative sports. The group were very passionate about their ideas. **To discuss with Active Essex about disability sport days.**

Next, we spoke about the engagement of parents in the council. The group wanted competitions they could get involved in, schools using their own communication tools to tell them, get them into the meetings, continue to use social media and get more information onto the radio. We would build on our connections with parent groups across the county and ask schools to do more. Our final point was how to include more schools which is even more important in this area of Essex as numbers are less than other areas. Ideas included;

* Give them rewards for getting involved
* Get children to visit schools local to them
* Offer virtual meetings
* Get schools to ask children on their thoughts of why they should be involved
* Get children to write letters to schools to get them involved
* More information on the website, maybe frequently asked questions section
* To get involved with groups such as the Essex youth cabinet

Really great and diverse ideas from the group which summed up the whole meeting. The star of this meeting was Scott from Orminston park for thinking outside the box during all the points and his enthusiasm to approach the Essex youth cabinet for us.

Next meeting – **Thursday 6th February 10 – 11:30, Castledon School**

**Follow up points;**

* **Could your children write letters to local schools to get them involved?**
* **Can you use your own communication tools to make parents aware of our work?**
* **Could you invite your parent council to the next meeting?**
* **Could you host a special non-uniform day to raise funds for the multi-school’s council?**
* **Poster competition – To design a poster all about the multi-school meetings. To be handed in at the next meeting. Winner to be professionally produced.**
* **Can any of the health ideas contribute to your PSHE curriculum.**
* **Head boy/girl nominations. More information to follow.**
* **Special school games – If you would be up for providing young leaders for the games please let us know what sport and how many children you could provide. Sports include; Athletics, Basketball, Wheelchair basketball, Boccia, New age Kurling, Football, Rock Climbing, Kwick cricket, Tennis, Handball, Archery.**