

Minutes

Multi-schools meeting - Tendring

Hamford Primary

Thursday 14th October 2021

In attendance

Hamford

Ravens Academy

Holland Park

Two Village

Apologies - Spring Meadow, Millfields, Cann Hall, Holland Haven, Great Bentley, Broomgrove, Walton Primary, Alsford, Market Field School

Minutes

Every single school was on time to the meeting, raring to go at 10am! We started with a certificate for Holland Park following their fundraising efforts for our Snowdon climb in the summer - a massive thanks to them, on top of all the awards they got from us a few weeks back. At the bottom of these minutes you might be able to read about how you could get a certificate next time!

Moving on to this meeting's agenda we started by discussing keeping active, a priority for the MSC children. We spoke about things that could help children to be more active and they came up with more after school & lunch time clubs, bring back Joe Wicks or videos like that, more local swimming pools, more gyms, 5-minute exercises in schools where children get rewarded, more disability aware clubs and groups, every school to do the daily mile and promote walking outside of school with pets. Ideas will be taken to Active Essex.

Following hot on the heels of keeping Active was our discussion on what would make home to school transport better. Ideas included;

- Calming music
- Toys

- Schools to have more involvement in the transport as they know the children
- TV's
- Air fresheners and plants
- Audio books
- A range of things to keep children entertained

The ideas will form part of our child led inquiry into transport issues.

Finally, before we stopped for a break we discussed preparing for adulthood. The group wanted to look at ways that might better prepare children for when they leave school or make difficult transitions. These ideas included taking friends as support when visiting new schools, learning more about different job options and promoting different jobs too, how to apply for jobs, how to pay bills, more IT skills to prepare for the future, how to manage money better (popular) and more life skills on the curriculum (popular). Another life skill we encouraged in the break was to go and mix with somebody who you hadn't yet met. A massive thank-you to Hamford for some lovely drinks and biscuits!

It was lovely to see many people mixing and we had a new buzz of energy after our break. The next part of the meeting was all about our planned midnight walks for 2022. We wanted to know what would make a fun walk and we had a range of ideas from sparklers, candles, stalls providing hot chocolate, a themed dress up, a silent disco, a treasure hunt, obstacles, fireworks, lasers fairy lights and glow sticks. Lots of 'bright' ideas there - we will finalise our plans before the end of the year.

Our last item to discuss was based on what might stop some children from being active or getting involved in sport. This is what was mentioned;

- People bragging about their ability
- Fear of getting hurt
- Not enough variety of clubs
- People spending too much time on technology
- Places not having wheelchair access
- Fear of illness
- Lack of equipment
- Money
- Bullying

These thoughts will be looked at as part of our overall focus on keeping active.

Our meetings do always end in the same way and today was no different. We picked a star of the meeting and this went to Bella from Hamford for her constant involvement through the meeting but more importantly her encouragement to others.

Next Meeting - 1st March 2022, 10am - 11:30am, Venue TBC if you would like to host please let us know ASAP.

Follow up points

- **Can you act on any of the 'Keeping active' ideas from agenda item 1? If you can tell us before our next meeting, we will reward your children and school with a certificate and it will help us to share good practice!**