

Multi-Schools Meeting – Minutes

Thursday 9th March 2023

10am – 11.30am

Apologies: Kieran

1. Introductions

KD (Keith Dawes) chaired meeting and introduced himself to everybody.

Toilet Instructions & Fire Alarm Instructions.

Attending: (every child introduced themselves)

Littlegarth

Lexden

HomeFarm

Heathlands

Langham

Copford

Willow Brook

St James

St Joseph's

Bishops William Ward

Doucecroft School

Neeca

2. How can we improve these meetings – how would you like them to work?

- Mix different schools on each tables so we can make friends
- Invite head teachers to our meetings
- Team building activities (charity walk where all schools combine?) This would allow more friendship
- Group activities to work together
- Have the agenda more in advance so we could research the points and think of ideas before the meeting starts
- More regular meetings with smaller groups so everyone has a voice
- Name badges so we know who everyone is
- School names on table
- Looking at the venue, maybe having a microphone
- Have more interactive activities for everyone

3. Our book- How can we tell more people about it? (Microphone sorted for the children)

- Advert for it or QR codes
- Presenting it to other schools so head teachers have a copy
- Links to the power point so we can see what the book is about
- Social media to make awareness of the book
- Having the book in schools so that staff/children can see/use it
- Posters and banners to spread awareness
- Give every school a free copy and they may buy more
- Put it on the school website, with links to the Multi-Schools Council
- Give the book to teachers that are training to be teachers
- Deals for multi-buying the book!
- Display it on your schools' diversity board
- Put it in the school library
- Sharing with staff in your school with a link about the book
- Contact the local newspaper to advertise the book
- Book sale

4. Physical Exercise – How does it help young people?

- Improves Mental Health and well being
- Team building and bonding
- Fresh air for your brain
- Learning outside to make it more engaging
- To be with your friends and interact with each other
- Good for your confidence and feel like you've achieved
- Exercise helps your mood and improve it
- Being fit and good for your focus in the classroom
- Great for your mind and vitamin D
- It relaxes you and then I feel like I can do my homework
- It helps you to get a positive and happy life
- It gives us a healthier life
- It helps with low self-esteem
- It helps with your stamina, listening skills and discipline and physical strength
- You can have a coach to help improve your fitness and skills
- Choose a sport you enjoy doing
- Socially it really helps and you can make friends outside of school
- Helps to educate us about our bodies
- Doucecroft- the boys love feeling included in sport and it helps with behaviour. Other schools would like to play them at sport.
- Sport gives us an energy boost
- It gives you a drive and an aim to improve.
- Healthy, fit and fun!
- We could introduce inter-schools sports competitions
- Aids concentration

BREAK – 11.00am (children mix together for a chat)

5. What helps to build your confidence? What motivates you? What helps you to be resilient?

- Courage inside of you helps to build confidence, just keep trying and trying
- Learn from mistakes
- Network around you helps confidence and motivates you
- Completing a hard challenge helps to motivate
- Learning from mistakes and not being scared to fail
- Talking to friends and also new people to help me make friends
- Not giving up and practising skills more
- Friends are so important to give confidence and motivate me
- Food motivates me!
- Having a reward at the end
- Friendly competitions
- Trying your hardest
- Academic studying/learning
- Having a positive role model
- When people cheer you on, it makes you more motivated (encouragement)
- Encouraging slogans and terminology to motivate us
- Compliments gives confidence and motivates you
- Pushing yourself
- Setting your own short term goals
- Doucecroft – boys are happy to make mistakes as they are not judged
- Give it all you've got
- Family believing in you
- Encourage people to take on new challenges
- Face your fears!

6. Video – We want to capture what we do – how are we going to do it?

- Come together and film together and have an acting club
- Record children and their conversations
- Introduce yourselves and your school on the vide
- Have a channel on social media
- All schools do a video and combine it to make one video
- Get lots of people involved
- Add music to the video
- Interviewing people
- Snippets of videos of what it is all about
- Questions and answers
- Showing the confidence that we have all increased when we are together
- Each school could focus on 3 points and then show their videos to other schools
- All schools come together to say that we are all unique

Meeting Ended at 11.30am and a group photo was taken.

Next meeting – Wednesday 17th May, 10am – 11:30am, Little Garth Primary