Chelmsford MSC Meeting

5th October at 10am

Location: Kings Road Primary School

**Attending**: Kings Road Primary School

**Apologises**: Highwood School and Cathedral School

**Minutes**

It was great to welcome Kings Road Primary to their first MSC Meeting! Thank you for hosting!

I asked everyone to introduce themselves and to tell me their favourite animal (mine is elephants!)

I started by asking young people to discuss about transitions and how we can make it easier. They all came up with great suggestions!

* Talk to people who are in a year above you so they can talk about their experiences.
* Its ok to ask for help!
* To ask for reassurance.
* To have a full day instead of doing a transition morning/afternoon.
* Visit their classrooms.
* Year 6s to help all year groups below.

We then moved onto discussing about communications, what ways do we communicate and what reasons may people not be able to communicate? These were the thoughts of young people.

* Share 5 things about your feelings – makes people feel calmer.
* To have a regulation station.
* To see things from other people’s perspective.
* Give them space and time.
* Positivity and encouragement.
* To do drawing and different activities to help them regulate their emotions.
* To be polite and kind.

We had our break with biscuits!

Onto our next agenda, we spoke about SATS/ exams/ baseline tests and what was our thoughts?

* Try your best! 😊
* Lots of practice to prepare for it.
* To do mini tests to help you prepare.
* Talk to someone about your feelings and how they can help reassure you.
* To talk to siblings or family member if they have done their exams.
* To do exams in different ways and that it be normalised (teacher reading question for you, etc).

Final thing on the agenda was about how can we fundraise and spread awareness about what the Multi-Schools Council do.

* To produce a play.
* Bake sales.
* Have non-uniforms day.
* MSC fares.
* Inflatables.
* To go on trips.
* Sports day.

Thank you to Kings Road Primary school for attending their first Chelmsford MSC Meeting of the term, I really enjoyed it, and it was great to see all young people involved!

**STAR OF THE MEETING –** all the children were fantastic and contributed lots of brilliant ideas!