**The Multi-schools meeting notes**

**Venue: Holland Haven Primary School,** **Primrose Rd, Holland-on-Sea, Clacton-on-Sea CO15 5PP**

**Date & Time: Thursday 5th October, 10:00 – 11:30**

**Chair: Kayleigh**

**Attending**

Holland Haven – Host

Marketfield School, Holland Park, Millfields, Hamford Primary Academey, Emlstead Primary, Spring Medow, Alresford, Shorefields. ATTRUST Ravens academy

We had an awesome meeting with so many young people sharing their BRILLIANT ideas today. We had lots of really engaging discussions.

Introduction were made (There were lots of us and it was so nice to meet you all.)

Discussion - Transitions – *As you move year groups or into new schools what would help you more?*

* Have more ideas about the school and the teachers.
* Make the first week more fun.
* On your first days being able to choose where you sit
* Bring a comfort from Home.
* More induction days
* More transition time.
* Meeting the teacher beforehand
* Visits to the new school or building.
* Children can go back to help the new children to transition.
* Longer time and events at coffee morning
* Extra time in new class to just talk about your worried through staying in new class with at least one friend.
* IT can be hard to know your way around the school.
* Maps
* Buddy could help you if you’re lost.
* Introduction Buddies
* Patterned walls for blind pupils.
* Help from teachers.
* Fidget toys
* Say happy things.
* Good friends
* Teacher support
* See the school.
* Meeting people
* Meet teachers.
* Getting to know your teachers.
* See your new classroom.
* Instead of just one meeting with the new teacher, have multiple meetings.
* Extra help for children to feel comfortable in their new school.
* To have a greet with teachers.
* For teachers to greet you when you go to the new class
* For the first few days get to sit next to who you want
* Classrooms close together and that look the same to transition to the next class.
* Meet the new people.
* Talking to others
* Fresh start
* Feeling safe
* ‘What school am I going to?’
* Have a good end of class party.
* Christmas party
* Tuck shop
* Book swap
* Outdoor shelter
* People laughing at you is a concern.
* Talking to others
* Meeting new teachers/getting to know the teachers.
* Longer time meeting new peers.

Communication – *What helps you and your friends to express yourself or what might stop you?*

* Having a bond or trust with someone
* Trusted person was discussed a lot and echoed throughout the young people.
* Movement breaks
* Understanding
* Write feelings down.
* Worry Box
* Corner – Safe area to communicate.
* Sensory box
* Colour Monster
* Morning discussion with class
* Go to the harbour.
* Take you out of class to talk privately.
* 5-minute card
* Game and talk time access all the time.
* Post-box for emotions so they don’t have to feel embarrassed to tell someone about their feelings or problems.
* Elsa groups (Emotional Literacy Support Assistant)
* Zones of regulation
* More eco warriors
* Worry boxes.
* Buddy to talk to
* An object that tells teachers if you are upset (depending on your ages)
* More afterschool clubs.
* Feeling Circle
* Motivation stand.
* Meditation
* Friendship Club
* Sensory room
* Notebook
* Olderpupil as a mentor
* Place to relax and calm down.
* Worry boxes and boards.
* Movement breaks
* Happy faces
* Faces to communicate to others.
* Drawing
* TRUSTED ADULT – Common theme
* Wellbeing club
* Therapy sessions
* Having a buddy
* Lunchtime helpers
* Calm room
* At break have a room for children who want to calm down
* Talking to friends when you don’t want to talk in front of the class.
* When you don’t want to talk to the teacher you can go to the sensory box to calm
* Secret hand signal
* Go to the pod (Teacher lSA or trusted adult)
* More spaces for thrive.
* More than one thrive teacher
* A calm pass
* Talk to the teacher about how you feel.

Exams

* Too much pressure
* No time limits.
* They are scary
* Quite environment
* Rewards afterwards
* Study for exams
* Sensory toy but that doesn’t distract.
* Do it on iPad?
* Have snacks and drinks.
* Have movement breaks, before, during and after.
* See how they do in their lessons instead.
* Start talking about it, not to worry them but to let them know.
* Fidget room and toys
* Relaxing environment
* Everyone has a sensory fidget.
* Choose exams.
* You can use computers and iPad to do exams.
* Lots of practice and then do real exam.
* Sats and exams make me feel sad.
* After exams you get lesson skips
* Exam breaks and ear defenders.
* Silent fidgets
* Comfortable seats
* Relaxing music
* Reassure the children.
* More free flow lessons around the exams
* Make them fun.
* More practical
* Ask adult for help.
* Exam breaks
* More relaxed area
* Make children think it is a practice and not an actual exam.
* When there is an exam, I get nervous because I think I am going to get them wrong
* Never have exams.
* ‘NO EXAMS’
* They make you feel really nervous and anxious so you can do it on ipads or computers and small breaks.
* Make rolls to eat before your exams so you’re not hungry
* Movement – mile walk – release tension through movement
* Don’t have more than one exam in a day.
* More reassurance

Fundraising – *A big groups of school’s event that could help raise money & awareness about what we do – ideas?*

* Sponsored Walk Clacton – Walton Pier
* Bake sale.
* Sponsored bounce
* Teachers and children swap
* Fancy dress walks with all schools.
* Teachers dress and pupils and pupils dress as their teachers.
* Pupils teach the classes.
* Funny hairstyle day
* Tuck shop
* Meetings with the Mayor (hear our voices)
* Car washing
* Selling cookies and cakes
* Fun run
* Fun dats at school that other schools can visit.
* Games and quizzes
* Cinema day
* Beach and treat day.
* Art and craft fate
* Multi school choir/basketball/football teams
* Walks and sponsors.
* Car boot sale
* Spelling bee
* Children vs teachers in some kind of game
* Non uniform days
* Movie nights (hot chocolate and PJs)
* Lemonade stand.
* Park run
* Singing – Multi-school day (Angel has some more ideas around this)
* Sell old toys.
* Competition
* Ice lollies
* Multi schools Choir
* Marathon
* Multi-schools Choir

Thank you to everyone that came today and that joined in with the ideas above. There were so many GREAT ideas.