Virtual Meeting – 7th Dec

**Attending** – St Peters Primary School and Kings Road Primary

**Apologises** – Stebbing

Thank you to everyone who attended the virtual meeting, its been nice to see everyone!

First item on the agenda, we spoke about anxiety and what does it mean to the young people and their friends? Lots of great thoughts were contributed! This is what they have said:

**Anxiety**

* Nervous
* Shy
* Worried
* Around people you don’t know
* Tummy
* Emotions
* Peer pressure
* Under pressure
* Don’t know what to do.
* Our future
* Small spaces
* Anxious
* Something that we fear can make us anxious.

Then we spoke about how we can use Banjo to help other people aware of learning differences. Here are their thoughts below which are fantastic!

**Mascot**

* **C**ardboard cut-out.
* T shirts
* Badges
* Posters – advertise. Everyone is different everyone is unique.
* Add stuff to the posters.
* Each classroom
* Charity
* banjo to have wheelchair.
* sign language
* different colours represent differences.
* detachable hearing aids
* customise it.
* Print out drawings and colour it in

We then spoke about outdoor learning and how it can benefit us but what challenges it has. Great to hear lots of thoughts!

**Outdoor learning**

* Raining – coat
* Forest school
* Relax
* Canopy
* Love forest schools
* Cramped/ restricted being inside
* Out and about
* More space
* Move around.
* Finish work and have good opportunity to run around.
* Learning skills being outside
* Shelter outside
* Should be no barriers to being outside!

The final item on the agenda speaks about physical activity and what barriers there is to stop young people from getting involved:

**Physical activity**

* Not comfortable
* Stressful because of age group
* Money
* Bad injury
* Inspiration
* Into football
* Impacts on your confidence/ sad.
* Discouraged
* Fear
* Missed out Opportunities.
* Not being with your friends
* Hard to do it.
* Stressed out
* Sometimes don’t want to do what your friends want to do.
* Left out
* Scared
* No chance to learn.

Thank you so much to all of the young people who have contributed some fantastic thoughts!