MID Secondary MSC Meeting

Alec Hunter

21/03/24

**Attendance**

Alec Hunter

Chelmer Valley

**Minutes**

It was great to see everyone, especially new faces as well!

We asked the young people about inclusion and what they think it means to them or to their friends, and this was their responses:

**Inclusion**

* Including everyone, no matter who they are.
* Included in friendship groups, games, etc.
* Treat everyone equally.
* Inclusion feels normal to some people, although others may feel like that they need to be included.

Then we asked them their thoughts about technology, what are the good things and what are the bad things – lots of interesting thoughts to think about!

**Technology**

* Learning new skills
* Engaging
* Addictive
* Affects sleep.
* Miss out on the fun
* Fake person
* Easy to find way home if get lost.
* Can call people.
* Affects mental health.
* Cyberbullying
* Good for communication
* Can become too reliant.
* Expects a response.
* Peer pressure
* Same interests
* Easy to find information.
* Open to new things!
* Sometimes it can get out of hand.
* Develops a society.
* Rumours – out of control
* More technology means less books.

We asked the young people on what would encourage them to read more as well as how we can try and get more people to be into reading.

**Reading**

* Interesting books
* Variety of books
* Group reading
* Don’t like to read in school as feel pressured.
* To read in a comfortable environment
* To do role play/ drama to help with reading.
* Some don’t like to do silent reading.
* Different places other than the library to read.

Lastly, we asked the young people how they think happiness can be improved across the country and there was lots of strong opinions which was brilliant to hear about!

**Happiness**

* No shouting if they make a mistake
* Comfortable clothing
* No homework (doing these means no social time)
* To have food! (pineapple to be specific)
* Flexible clothing
* Freedom of using the toilets
* Less detentions
* To have summer fates and discos
* More active/ physical lessons
* To watch more videos than to write things down

Thank you to both Alec Hunter and Chelmer Valley for attending 😊