**The Multi-schools meeting Notes Tendring Primary**

**Venue: Alsford Primary School**

**Date & Time: 18th March 10am- 11:30am**

**Chair: Kayleigh**

**Attending**

Alresford Host

St Andrews

Chase Lane

Market Fields

Shorefields

Spring Meadows

Elmstead Primary

Thank you to everyone who can to the meeting it was great to see so many of you coming together to share your ideas. Thank you also to Alresford for hosting.

We had introductions and spoke about the three topics that we will be looking at from September as a result of the vote **Crime, ADHD and Mental Health.** The following items were on the agenda and here is what the CYP had to say:

**Inclusions**

Having groups and sports activities for everyone

Expressions of freedom

Respect

Brain breaks and 1:1 support

Having friends

Being encouraged to join in

Given extra time if needed

Special equipment

Equality

Making sure no one is left out.

**Technology**

Can help those with special needs

Eye strain and bad for our physical health

Addictive

Can avoid the outside world.

Headaches and mood swings

Safety concerns

Can keep you safe with location and calling for help

Can be fun

Something to help us calm

Can be tracked.

Can help with learning.

Can be good to expand knowledge

**Reading**

Reading is important so you can read a menu

Need to read instructions

Communication

Pictures can help

Its part of everyday life

Good to read and get in to a story

Good for learning new words

Reading things that interest us

More possibilities

Resources for learning

Helps us to understand

Colour overlays are needed

Good for self esteem

Subtitles to help

**Happiness**

Support from people

Being outdoors

Having people around you

Self esteem and encouragement

Kindness

Positivity

Sportsmanship

Safe space

Opportunities (like coming here today)

Playing

Sensory area

Quality time

More sleep

Time to process

Peers who are like us

Trusted adult

Stars of the meeting – George from Spring Meadow and Felicity from Chase Lane.