South Essex MSC Meeting

The Robert Drake

25.03.24

**Attendance**

Canvey Infants

Castleview

Abacus School

Our Lady of Ransom

The Robert Drake

**Apologies**

Jotmans Hall

Kingston

Woodlands School

Hearts Academy

Canvey Junior

The LPPS

Mountnessing School

**Minutes**

Thank you to Robert Drake for hosting and thanks to all who attended!

We asked young people what they think inclusion means to them and they came up with some great thoughts!

**Inclusion**

* Friendly faces
* Including people in games
* No one gets left out.
* Include people, no matter what disability, gender, etc.

We asked young people what good or bad things about technology:

**Technology**

* Learn new subjects or things.
* Distracting
* Online bullying
* Adverts can be quite annoying!
* Can be distracting if you attempted to use your phone when driving.
* Useful for many things!
* Spell check
* Have parents’ guidance.
* Electricity bills – gone up!
* Good hobby to have.

We asked what we can do to encourage young people to read or how to help them to want to read.

**Reading**

* Read and repeat back.
* More children book.
* Age-appropriate books
* Read certain number of pages before playing games.
* Travel book
* Do something when reading.
* If you read five books, you can use the vending machine to get a free book.
* Read with other people.
* More happy books!

We asked young people how we can improve happiness (this was one of my favourite questions!) some really good responses from everyone!

**Happiness**

* Everyday should be either birthdays or Christmases!
* Therapy/ reading dog.
* Make lessons more fun.
* Practical lessons
* More pets!
* Gardening
* Music
* To make people laugh
* To make them food
* Play favourite sports.
* To watch favourite TV shows
* To bring PS5 to school
* Don’t do lessons when tired!
* Wellbeing day/ month
* Wellbeing room
* Swimming pool
* Dancing
* Taco Tuesdays!