**The Multi-schools meeting notes North Secondary**

**Venue: Doucecroft School, Colchester**

**Date & Time: 21st March 2024 10:30am -12pm**

**Chair: Kayleigh**

**Attending**

Host Doucecroft

Jack Walker ICB

Laura – Engagement Facilitator

**Apologies**

Colne

TTC

CCHS

Thank you to Doucecroft for hosting and providing some excellent contributions to our meeting. Here is an overview of the discussions that took place. We started with introductions and then a movement break. I also revealed the results from our vote on key topics that will be the focus from September **ADHD, Mental Health and Crime**

1. Inclusion – *What does this mean to you and your friends?*
* Going out to places
* Talking to other people
* Lessons
* Trips
* This meeting
* Mixing with others
1. Using technology – *What are the good things? What are the bad things?*
* Gamer rage
* Good for research
* Can help learning
* Safety
* Good for staying in contact
* Teams
1. Reading – *What supports or encourages you to read more? What else can help people who want to read?*
* Games
* Good for Subtitles and accessibility
* Need to read to learn
* Some people need help.
* Good to read something of interest.
1. Improving happiness – *What would help improve children’s happiness across the country?*
* Talking to friends or family
* Fishing (hobbies)
* “Mum helps me feel happy”
* Exercise
* Gaming
* Doing something you enjoy.

Thank you to all Doucecroft students who were all stars for this meeting.