



Voices of Hertfordshire

Voices of Hertfordshire Primary Meeting Minutes November 2024 10 – 1130am

East Herts 25th November 2024 – Wormley Primary School

<u>Agenda item</u>	<u>Discussion</u>	<u>Actions</u>
Dilemma Alley	Each pair decided on a dilemma to pose to another pair from a different school. This could be a lived experience for example supporting someone with sensory need through a fire drill. All young people really engaged and lots of real life situations discussed for example, having a 'fit' (language from young person) in your seat in class, forgetting your special glasses (dyslexia). Ideas for how to navigate from group.	N/A
Charlotte Sandford and Katherine Feander from Mental Health Schools Teams NHS visiting Key question – 'How can adults support your mental health?'	Began the conversation with Banjo. Introduced Banjo as the young people had not seen Banjo before. Had some time to look at Banjo and really look at what he may experience e.g. hearing aid. Today focused on mental health, considered what mental health conditions there may be both short and long term. Charlotte and Katherine will use the feedback from this session and others across Voices of Hertfordshire to consider how to change schools offer for mental health with their team. Key points were: Feeling sad Using gaming to help mental health Using art and games to help people Drawing if you can to talk to help you get your thoughts out.	Charlotte and Katherine to send details of changes made as a result of today's session back to Sarah Stevens for feedback to young people on difference they have had on materials
Social media takeover day	Watched the experts by experience launch of the social media takeover day: https://youtu.be/oDMFwziFtdc?si=GGNTMf-vN5Rnm_mf Provided planning time.	Schools to use the takeover toolkit (attached) to develop content / questions for the takeover day #sendtakeover2024
Next meeting date: Thursday 30th January 2024 - 10 – 1130am Cranbourne Primary School Bridleway North, Hoddesdon EN11 9PP		

Any questions please let Sarah know on sarah.stevens2@hertfordshire.gov.uk